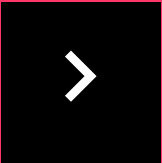


# 2025 Annual Report





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*Board of Trustees: Prof Rotimi Ayodele Jaiyesimi (Chairman), Ms. Oyinkan Osisanya (Chief Executive Officer), Mr. Tokunbo Abayomi-Asagba (Secretary)*

*Registered Address: 45 Saka Tinubu Street, Victoria Island, Lagos. 0813 720 9676, 0816 339 937  
Empowered to bloom!*



# Thank You Note

Dear Esteemed Donors & Partners,

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On behalf of the Board, management, staff, and beneficiaries of My Gynae Issues Foundation (MGIF), we are pleased to present our 2025 Report to Donors and Partners. This year marked a period of growth, resilience, and deepened impact as we continued our mission to improve gynaecological health awareness, access to care, and advocacy for women and girls.

Your continued support has enabled us to reach underserved communities, amplify women's voices, and address critical gaps in gynaecological health education and services. We are sincerely grateful for your partnership.





# About My Gynae Issues Foundation

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My Gynae Issues Foundation is a non-profit organization dedicated to:

- Promoting maternal health education and awareness
- Reducing stigma around gynaecological conditions
- Supporting women and girls with access to information, screening, and care
- Advocating for inclusive health policies and gender-responsive healthcare systems

We believe that informed, healthy women are the foundation of thriving families and communities.

# 2025 Highlights at a Glance



- Walk against fibroids
- Instagram live education program
- Increased access to gynaecological health consultation through the thriving and growing community
- Strengthened partnerships with healthcare professionals and institutions
- Gynaecological Health Summit
- Improved organizational governance and accountability

## Vision Statement

To create a trusted ecosystem where women are informed, supported, and empowered throughout their gynaecological health journeys.

## Mission Statement

My Gynae supports women through their reproductive health journeys by advocating for patient rights, facilitating access to affordable treatment, and building a supportive community for women affected by gynaecological conditions.





# Programs & Impact

## A. Walk Against Fibroids

On the 26th of July, 2025 My Gynae Issues Foundation organized a Gynaecological Health Walk in Lekki. The activity aimed to raise awareness of women's gynaecological health, increase uptake of speaking loudly about the endemic state of fibroids, reduce stigma around fibroids, and provide trusted medical guidance.

## Details

- Gynaecological Health Walk- Lets Bloom.
- Date & time: July 26th, 2025, 8:00-10:00am WAT
- Partners & sponsors: MBO Capital, Etta Memorial Hospital
- Key activities: Warm up aerobics, solidarity walk (3.5 km), distribution of flyers display of placards, photography.

## Details

- Attendance & Reach:
  - Registered participants: 15
  - Actual turnout: 20
  - Volunteers & staff: 6
  - Reach for visibility: 750 people (commuters, bystanders, pedestrians)
  - Flyers shared: 30

# Programs & Impact

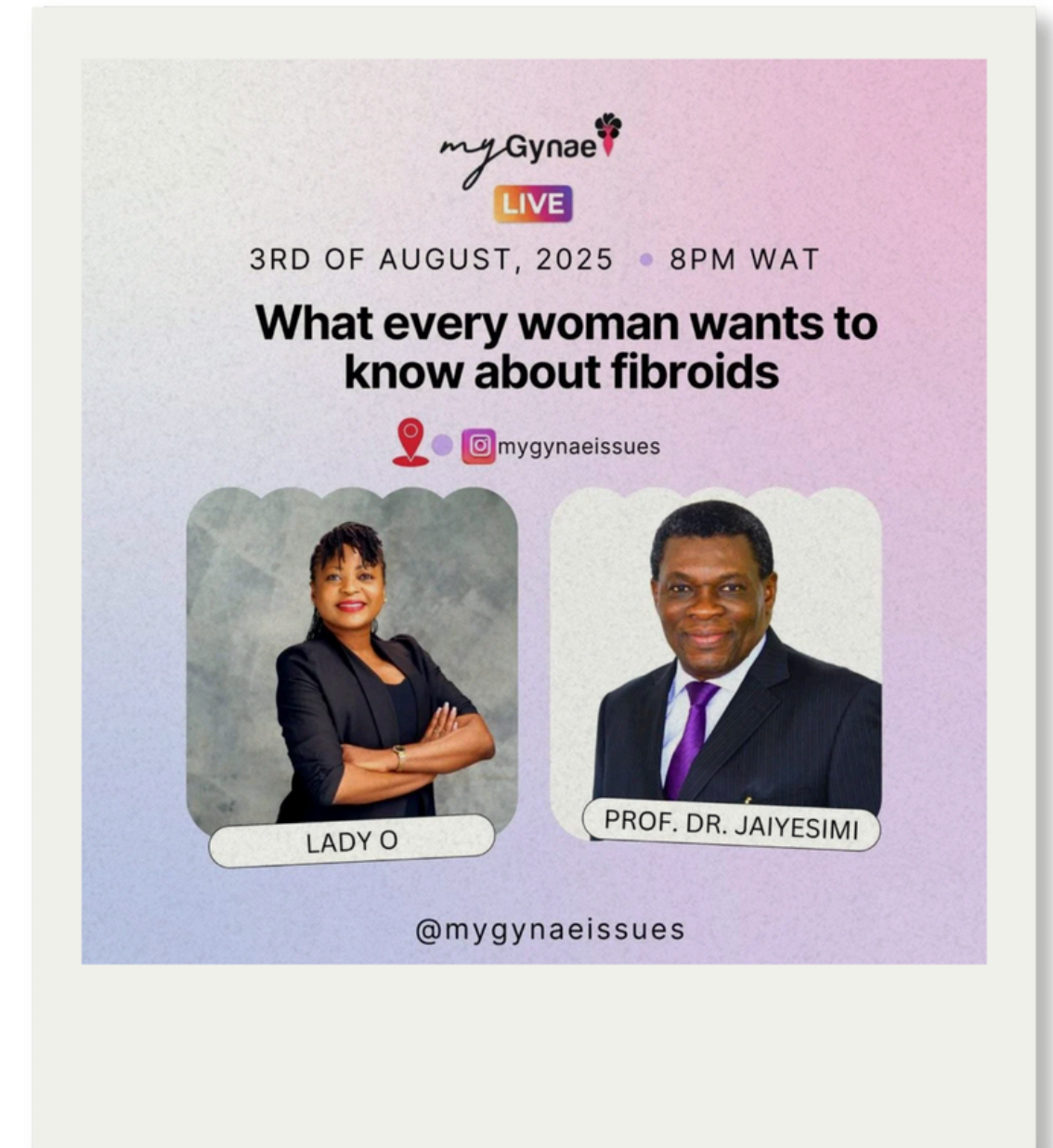
## B. Instagram Live — Lady O and Prof. Jaiyesimi

- Date & time: August 3rd, 2025.  
08:00-09:30pm WAT
- Platform: Instagram Live on  
@mygynaeissues
- Format: 5-10 minute introduction of  
Prof. Dr. Jaiyesimi by Lady O,  
followed by 60-75 minute live Q&A;  
session recorded and saved as IGTV.
- Focus topics: Common  
gynaecological symptoms, when to  
seek care, myth-busting, and  
referrals.

## Social media

Instagram Live:

- Peak views: 368
- Interactions: 34
- Watch time: 4h 12m 14s
- Accounts reached: 236
- Like: 31
- Shares: 3
- Accounts engaged: 32



# Programs & Impact

## C. 2025 Gynaecological Health Summit



The 2025 Gynaecological Health Summit was successfully held on Saturday, September 27, 2025, at Nordic Hotel, 258 Kofo Abayomi Street, Victoria Island, and Lagos. This life transforming meeting brought together women of reproductive age, healthcare professionals, volunteers, and partners in a shared mission to foster open dialogue, awareness, and education on women's reproductive health. Despite a lower physical turnout compared to registrations, the event achieved remarkable success in creating a safe, empowering, and engaging space for participants. The Program featured wellness and pamper sessions, insightful panel discussions, mental health talks, and health exhibitions. The focus was on women's reproductive health challenges in Nigeria, with discussions centered around conditions like fibroids, endometriosis, and hysterectomies, and the barriers women face in accessing appropriate care. Medical professionals shared insights on various treatment options and management strategies, while personal experiences highlighted the importance of self-advocacy, support systems, and de-stigmatization of reproductive health issues. The event concluded with calls for increased awareness, education, and collaboration between healthcare providers, organizations, and communities to improve access to quality reproductive health care for women across Nigeria.

# Programs & Impact

## C. 2025 Gynaecological Health Summit

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### I. Event Overview

- Theme: "Breaking the Silence on Women's Reproductive Health"
- Date: September 27, 2025
- Venue: Nordic Hotel, 258 Kofo Abayomi, Victoria Island, Lagos
- Target Audience: Women of reproductive age, healthcare professionals, students, and advocates.

### II. Online Participants

- 26 Signed in on site Participants

### III. Doctors and Advocates

#### - Professor Dr. Rotimi Jaiyesimi

Professor Rotimi Jaiyesimi is a globally acclaimed Obstetrician and Gynaecologist with over 43 years of experience. He has worked in various capacities, including as a Consultant Obstetrician and Gynaecologist at Basildon and Thurrock University Hospital, and as an Associate Medical Director for Patient Safety.



# Programs & Impact

## - Dr Hammed Ninalowo

Dr Hammed Ninalowo, is a US trained double boarded Diagnostic and Vascular/ Interventional Radiologist who completed his training at the prestigious University of Pennsylvania and is the first US trained Physician to offer the full spectrum of interventional Radiology services in Nigeria.

## - Dr Rama Akachukwu

Dr. Rama Akachukwu is a Family Medicine Consultant with specialist expertise in menopause, hormonal health, and adolescent medicine. She graduated with her Medical Degree from the University of Debrecen, Hungary, in 2012 and completed extensive training in Ireland, earning Membership of both the Royal College of Physicians of Ireland (MRCPI) in Obstetrics & Gynaecology and the Irish College of General Practitioners (MICGP).

## IV. Health Advocates

### - Ms Oyinkansola Osisanya

\*Oyinkan Osisanya – Vice President, Chapel Hill Denham & Founder/CEO, My Gynae Issues Foundation\*. Oyinkan Osisanya is a dynamic leader, corporate executive, and passionate women's health advocate.

### - Mrs Dolapo Daramola

Mrs. Oludolapo Daramola is a visionary entrepreneur dedicated to growth, integrity, and delivering premium quality. As the CEO of Àjàrà Agro Services, she leads the company's flagship brand, Àjàrà Foods, with the mission to create a global presence for premium African food products and showcase Nigerian culture through food.

## V. Objectives

- To create awareness about gynaecological and reproductive health challenges affecting Nigerian women.
- To promote open conversations about stigmatized topics such as fibroids, menstrual hygiene, infertility, and mental well-being.
- To provide access to basic wellness services, professional consultations and educational materials.
- To encourage partnerships among corporate bodies, healthcare institutions, and advocacy organizations to support women's health initiatives.

## VI. Key Highlights and Activities

A holistic experience that combined education, wellness, self-love vis-à-vis self-care, pamper sessions and empowerment was deployed via the following segments:

- Panel Discussions: Expert-led conversations addressing critical reproductive health issues and myths surrounding gynaecological conditions. (See Annex B)
- Pamper Sessions: 25 women participated in wellness and relaxation treatments designed to promote self-care and stress management. ( See Annex C)
- Make-Up Session: Participants were treated to make-over sessions that improved their moods and took their minds off their health challenges to their how beautiful they are which invariably improved their mental health. (See Annex G)
- Mental Health Talk: An engaging session focused on emotional resilience, body confidence, and mental wellness in women's health via "safe spaces". (See Annex B)
- Exhibitions: Partners showcased products and services that support reproductive well-being. (See Annex D)
- Photo Sessions: Participants enjoyed interactive and confidence-boosting photo opportunities in a safe, celebratory atmosphere. (See Annex A)
- Networking: Collaboration among medical experts, women's groups, and sponsoring organizations was navigated.



## VII. Partners, Sponsors, and Collaborators

The Foundation acknowledges the invaluable contributions of the following partners and sponsors:

- Mr. Bolaji Balogun
- MBO Capital
- Rotary Club of Ajah Golden
- Polaris Bank
- Etta Memorial Hospital
- Nordic hotel
- PAWA House
- Other supporting organizations and individual donors who contributed to the success of the Summit.

Their partnership underscored a shared commitment to women's health advocacy and community empowerment.

## VIII. Outcomes and Impact

- 80 individuals sensitized through discussions and presentations.
- 25 women benefited from pamper and wellness sessions.
- Media reach: Approximately 300 people through online and social media coverage.
- Enhanced awareness: Increased understanding of fibroids, infertility, and menstrual health.
- Community engagement: Strengthened collaboration among stakeholders in women's health.

## X. Attendance & Reach

- Registered participants: 135      - Actual physical turnout: 30      - Reach for visibility: 210 people YouTube
- Likes: 31

## X. Media Coverage and Publicity

The Summit received modest but impactful media attention across media platforms such as Arise TV and bloggers, with visual highlights and partner mentions amplifying awareness.

# Programs & Impact

## D. Save a Womb Save a Life Campaign

Providing access to financially vulnerable women who could not afford surgeries. MGIF facilitated access to affordable and free surgeries and post-ops care.

### Key Outcomes:

- Lives were saved
- Interventions were provided
- Free consultations were accessed



**SAVE A WOMB  
SAVE A LIFE**  
*Campaign*

GIVING HOPE • RESTORING HEALTH • CHANGING LIVES.

*Every Woman deserves a chance to live free from the pain and fear of Fibroids.*

*Thousands of women silently battle this condition—enduring heavy bleeding, infertility, and unbearable pain—simply because they cannot afford surgery.*

My Gynae Issues Foundation invites you to be part of this life-changing mission:

**FREE FIBROID SURGERY OUTREACH  
FOR FINANCIALLY VULNERABLE WOMEN ACROSS  
LAGOS, OGUN & OYO STATES**

**WHAT WE OFFER:**

- Free medical evaluation and counselling
- Free fibroid surgery by seasoned gynaecologists
- Post-surgery recovery support and education

UPCOMING SURGERIES:

# Programs & Impact

## 5. Digital Advocacy

We leveraged digital platforms to reach wider audiences, share survivor stories, and normalize conversations around gynaecological health.

### Key Outcomes:

- Growth in online engagement and followers
- Increased visibility for gynaecological health issues
- Empowerment of women to share their lived experiences

## 6. Partnerships & Capacity Building

Strategic collaborations were central to our success in 2025. We worked closely with hospitals, NGOs, community leaders, and corporate partners to expand reach and enhance service quality.

### Key Outcomes:

- Stronger referral networks
- Shared resources and expertise

## 7. Sustainable program delivery models

### a. Financial Overview (End of Year Summary 2025)

In 2025, My Gynae Issues Foundation remained deeply committed to supporting women facing complex gynaecological and reproductive health challenges. Through the generosity of our donors and partners, we were able to provide direct medical assistance, treatment support, medications, diagnostics, and essential welfare support to beneficiaries across the year.



**I. Funding Sources (Indicative):**

- Grants and institutional donors
- Individual donations
- Corporate and strategic partnerships

**II. Expenditure Focus Areas:**

- Program implementation
- Community outreach and education
- Administrative and governance costs
- Monitoring, evaluation, and reporting

**III. Financial Highlights**

(January - December 2025)

Opening Balance (1 January 2025):

₺4,399.98

Total Funds Received: ₺11,899,200.00

Total Funds Utilised: ₺11,852,926.55

Closing Balance (31 December 2025):

₺50,673.43

Program Spend (91.9%) - ₺10,892,350.17



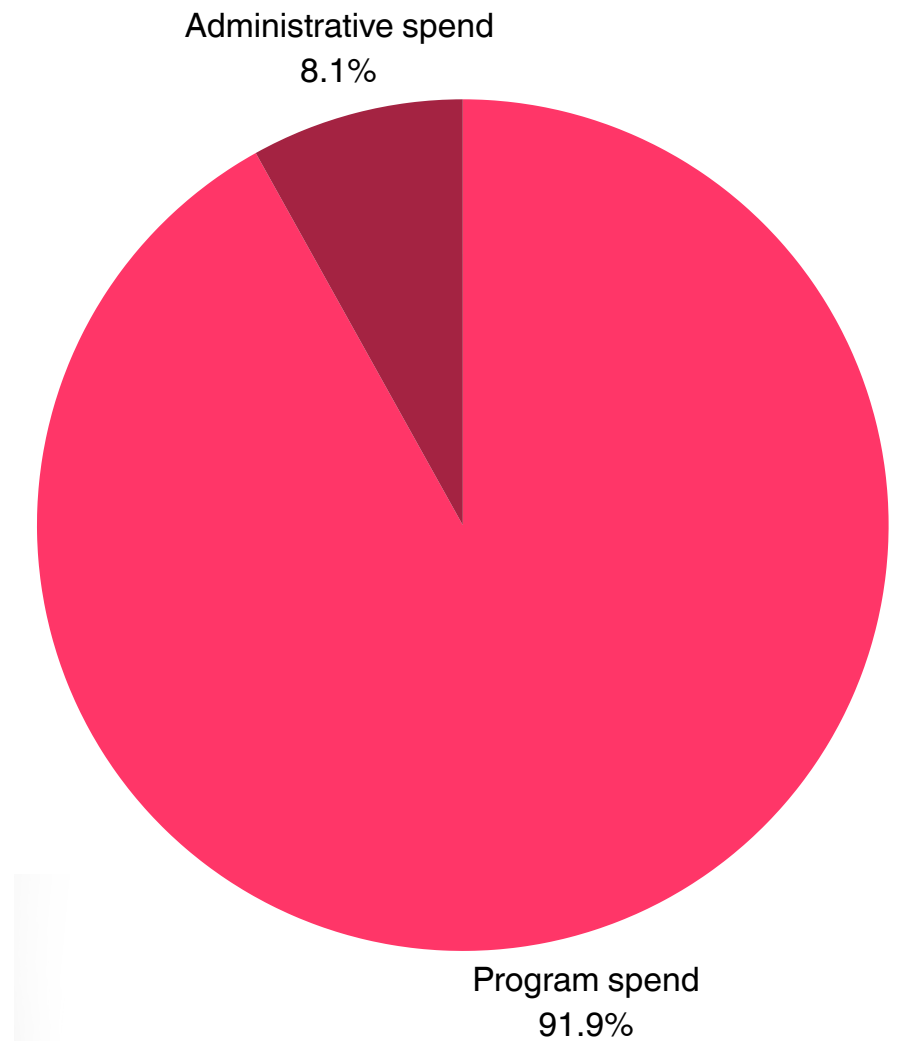
**Includes**

Medical treatments, surgeries, diagnostics, drugs, Hospital and clinic payments, Beneficiary welfare (feeding, transport, post-care support), Direct program logistics tied to patient care, Administrative Spend =(8.1%) - ₺960,576.38



**Includes**

Bank charges, transfer fees, statutory levies, Professional services (audit, design, branding), Data subscriptions, memberships, equipment, operational tools, Total Spend:= ₺11,852,926.55, (Reconciles exactly with the bank statement total withdrawals)



# Programs & Impact

## III. Program Impact

The Foundation maintained a low administrative cost structure, ensuring that the majority of funds went directly toward patient care and program delivery. Funds received in 2025 were primarily applied to:

- Medical treatments, surgeries, diagnostics, and medications
- Hospital bills and specialist care
- Patient welfare support (feeding, transportation, post-surgery care)
- Program logistics and outreach activities. Minimal administrative and banking charges necessary to operate the account
- Program Logistics & Outreach: Limited but necessary expenditures supporting awareness activities, program coordination, and stakeholder engagement.
- Administrative & Banking Costs: Bank charges, statutory levies, professional services, and essential operational expenses incurred in running a compliant corporate account.

## Internal Observation

The expenditure pattern shows a high program-to-admin spend ratio, consistent with a patient-first funding model. Payments were predominantly case-linked, traceable, and aligned with the Foundation's mission.

No evidence of unrelated or non-mission expenditure appears within the reviewed period.

## Commitment to Transparency

All funds were managed through the Foundation's corporate bank account and applied strictly in line with our mission. Detailed internal records and bank statements are maintained and available for review by partners, auditors, and regulators as required. We are sincerely grateful to every donor, partner, and supporter who made this work possible. Your contributions translated directly into lives supported, treatments funded, and hope restored.



# Programs & Impact

## IV. Monitoring, Evaluation & Learning

In 2025, we strengthened our monitoring and evaluation framework to ensure programs are evidence-based and impact-driven. Data collected informed program improvements and guided strategic decisions.

## V. Challenges & Lessons Learned

While 2025 was impactful, challenges remained, including:

- Persistent cultural stigma around gynaecological health
- Limited access to affordable care in underserved areas
- Funding constraints amid growing demand.

These challenges reinforced the importance of sustained partnerships, community engagement, and adaptive programming.

## VI. Looking Ahead: 2026 Priorities

As we move into 2026, MGIF aims to:

- Scale community education programs
- Expand screening and referral services
- Deepen research and data collection
- Strengthen policy advocacy efforts
- Diversify funding and partnerships

# Programs & Impact

## B. Corporate Governance and Structure

### Board of Trustees:

- Prof Rotimi Ayodele Jaiyesimi (Chairman)
- Ms. Oyinkan Osisanya (Chief Executive Officer)
- Mr. Tokunbo Abayomi-Asagba (Secretary)

### Board of Directors:

- Dr Abiodun Ogunjobi (Chairman BOD & Corporate Governance, Compliance & Quality Control Director)
- Hadj Rasheed Bolarinwa (Communications & Advocacy/Community Engagement Director)
- Pharm Martina Ikeanyionwu (Patient Engagement & Health Care Delivery Director)
- Dr. Oromena Osuguo (Operations, Programs, HR & Administration Director)
- Ms Bolanle Adesan (Strategy, Monitoring, Evaluation and Reporting)

## C. Partner Details

Donations are welcome to:

Bank: Polaris Bank.

Account Name: My Gynae Issues Foundation

Account No: 4220044014

Bank: Globus Bank.

Account Name: My Gynae Issues Foundation

Account No: 1000171592

Bank: Access Bank

Account No: 1446387333

Account Name: My Gynae Issues Foundation



# Bloom 2025 Gallery



# Gynaecological Health Summit Gallery



*Thank You*

We extend our heartfelt thanks to our donors, partners, volunteers, healthcare professionals, and community champions. Your trust and collaboration make our work possible.

Together, we are building a future where every woman has access to accurate information, quality care, and the dignity she deserves.

 [www.mygynae.org](http://www.mygynae.org)

 [operationsmgf@gmail.com](mailto:operationsmgf@gmail.com)

 [@mygynaeissues](https://www.instagram.com/mygynaeissues)